

What's on



Best Start Family Hub Penn Road



Jan to Mar
2026

Monday

Homestart HENRY Workshop

Let's Get Active

9.30-11.30am 2 Feb

To book a place please email
office@homestartberkshireeast.org.uk

Slough Family Hubs

Play and Learn Bumps to Crawlers

Please see booking details below

10-11am 1st and 3rd Monday

NHS Frimley Health & Slough Family Hubs Neonatal Natter

Invitation only 10-11am

2nd and 4th Monday

Frimley Health Antenatal and Postnatal Pelvic Health

Appointment only 11.30am-2.30pm

Slough CLASS Adult Learning

Various locations and times. See our
Facebook page for details or visit
www.slough.gov.uk/adult-learning

Tuesday

HCRG Development Reviews

Appointment only 8.45am-3pm

NHS - Frimley Health Neonatal Outreach Clinic

Appointment only 9am-4pm

Slough Family Hubs Weaning your Premature Baby

12.30-2pm 6 Jan, 3 Feb, 3 Mar

To book your place email
family.hubs@slough.gov.uk

NHS, HCRG & Family Hubs Antenatal Sessions

4-6pm 1st and 2nd Tuesday
For more info contact your midwife

Best Start Family Hub

Penn Road

Penn Road, SL2 1PG

(Manor Park)

Tel: 01753 574420

family.hubs@slough.gov.uk

Wednesday

Slough Children First SENDAID

Appointment only 9am-12noon

To book an appointment email
earlyhelp@sloughchildrenfirst.co.uk

Slough Family Hubs

Play and Learn Walkers to Preschoolers

Please see booking details below

9.30-11am

St Johns Church Community Pantry and Coffee Morning

Stoke Poges Lane, SL1 3LW 10am

Open to all the community

Slough Family Hubs Volunteer Information Session

Drop-in 10-11.30am 25 Feb

Slough Library Service Storytime at The Curve

William Street, SL1 1XY 10.30-11am

Followed by Duplo time 11-11.30am

No booking required. Term-time only

Early Years Provision

8am to 6pm all year

Thursday

Berkshire Vision Support Group

Invite only 9am-12noon

22 Jan, 26 Feb, 26 Mar, 26 Apr

Slough Family Hubs

Play and Learn Terrific Two's

Invitation only 9.30-11am

Four-week programme

5 Mar, 12 Mar, 19 Mar, 26 Mar

Slough Family Hubs

Feeding and Weaning Support

Drop-In 9.30-11.30am 5 Feb, 5 Mar

Slough Family Hubs

Britwell Library Music or

Story Session

10.30-11.30am Term time only

HCRG 0 to 19 Health Drop-in

1.30-3.30pm

1st Thursday of the month

Slough Family Hubs

Benefits Advice and Support Session

Drop-in 2-4pm 8 Jan, 12 Feb, 12 Mar

St Johns Church Drop-in Café

Stoke Poges Lane, SL1 3LW

5-8pm with meal at 6pm

Open to all the community

Friday

HCRG Development Reviews

Appointment only 8.45am-3pm

Slough Early Years Service SEN Group

Invite only 10am-12noon

NHS - Talking Therapies Wellbeing Service

No appointment necessary

10am-2pm 6 Feb, 17 Apr

Slough Family Hubs

Play and Learn

Crawlers to Preschoolers

Please see booking details below

1.30-3pm

For further
information
about Family
Hub services
click here



www.slough.gov.uk
Slough
Borough Council

More information on our sessions

Healthy Start Vitamins

To collect vitamins, please bring your healthy start card and/or Red Book along to the reception during the 0-19 Drop-in.

Domestic Abuse Support

For support with domestic abuse issues please email: sloughdass@cranstoun.org.uk or contact the Family Hub team

Play and Learn

To book a Play and Learn session you must call between 8.30-9am on the morning of the session. Spaces are limited so we advise you to call early to book.

NEW:

Facebook Group

Once you have registered, join our Facebook group to keep up to date with what is going on in your local area: **Penn Road Family Hub**

Other Local Library Sessions

The Curve
Wednesday 10.30-11am
Saturday 11-11.30am

Cippenham Library
Tuesday 2-2.30pm
Thursday 11-11.30am

Have you registered with your Best Start Family Hub?

Please scan the QR code for a registration form.



New HENRY Workshops

(Health Exercise & Nutrition for the Really Young)
The HENRY programme is a UK-based initiative designed to support families with children aged 0-12 years in adopting healthier eating and lifestyle habits.

Healthy Start

If you are on a low income and receiving certain benefits, you may be entitled to help to buy food and milk. For more information please see How to apply - Get help to buy food and milk (Healthy Start)

Talking Therapies Wellbeing Service

Help to work through problems and feel empowered to find solutions to issues such as debt, benefits, housing eviction, realistic goal setting, improving fitness and more!