

What's on



Best Start Family Hub Chalvey Grove

Jan to Mar
2026

Monday

HCRG Development Reviews
Appointment only
8.45am-3pm

Slough Children First SENDAD
Appointment only
9.30-12noon 5 Jan, 2 Feb, 2 Mar
To book an appointment email
earlyhelp@sloughchildrenfirst.co.uk

Sport in Mind
Mum and Baby Dance and Movement
No need to book, just turn up
10-11am

Cippenham Baptist Church
Bumps to Babies
Elmshott Lane, SL1 5QS
10.15-11.30am All welcome
Expectant parents to 2 years

Homestart Baby and Me
29 Church Street, SL1 1PL
11am-12.30pm
To book call 01753 572958

Slough Family Hubs
Play and Learn
Crawlers to Preschoolers
Booking required see below
1.30-3pm

Tuesday

Slough Family Hubs
Benefits Advice and Support Session
Drop-in 6 Jan, 3 Feb, 3 Mar
9-11.30am

Slough Family Hubs
Play and Learn Crawlers to Walkers
Booking required see below
9.30-11am

Slough Family Hubs
Volunteer Information Session
Drop-in **10-11.30am** 27 Jan, 17 Mar

Frimley Health Antenatal and Postnatal Pelvic Health
Appointment only **11.30am-2.30pm**

HCRG Cippenham Nursery
0 to 19 Health Drop-in
St Andrew's Way, SL1 5NL
1.30-3.30pm 4th Tuesday of the month
No appointment needed

Slough Library Service
Storytime at Cippenham Library
Elmshott Lane, SL1 5RB
No booking required **2-2.30pm**

Frimley Health Antenatal Classes
3rd and 4th Tuesday **2-4pm**
Please contact your midwife for more information

Wednesday

NHS Getting Help Team
Invitation only **9am-5pm**

Childminder Support Group
Registered childminders welcome
Term time only **9.30-11am**

Trinity Tots Baby and Toddler Group
106 Windsor Road, SL1 2JA
10.15-11.45am Term-time only
£2 per family

Slough Library Service
Storytime at The Curve
William Street, SL1 1XY **10.30-11am**
Followed by Duplo time 11-11.30am
No booking required

Slough Family Hubs & Homestart
SEN Drop-in and Chat Group
1-2.30pm 28 Jan, 11 Feb
To book a space please email
Family.hubs@slough.gov.uk

Slough CLASS Adult Learning
Various locations and times
Please see our Facebook page
for more details or visit:
www.slough.gov.uk/adult-learning

For further
information
about Family
Hub services
click here



Thursday

HCRG Development Reviews
Appointment only **8.45am-3pm**

Slough Family Hubs
Play and Learn Terrific Two's
9.30-11am Invitation only
Four-week programme
15 Jan, 22 Jan, 29 Jan, 5 Feb

Slough Family Hubs
Feeding and Weaning Support
Drop-in **9.30-11.30am**
8 Jan, 12 Feb, 12 Mar

NHS Breastfeeding Support
Appointment only **9.30am-1.30pm**

Slough Library Service
Storytime at Cippenham Library
Elmshott Lane, SL1 5RB
No booking required **11-11.30am**

Frimley Health
Perinatal Mental Health Support
Invitation only **1-2.30pm**
15 Jan, 29 Jan, 12 Feb, 26 Feb,
12 Mar, 26 Mar

Friday

NHS Getting Help Team
Invitation only **9am-1pm**

Slough Family Hubs
Play and Learn
Crawlers to Preschoolers
Booking required see below
9.30-11am

HCRG 0 to 19 Health Drop-in
9.30-11.30am
3rd Friday of the month

Homestart
HENRY Workshop Fussy Eating
9.30-11.30am 9 Jan
To book a place please email
office@homestartberkshireeast.org.uk

Slough Family Hubs
Play and Learn Bumps to Crawlers
1.30-2.30pm
Booking required see below

Early Years Provision
8am to 6pm all year.



More information on our sessions

Healthy Start Vitamins

To collect vitamins, please bring your healthy start card and/or Red Book along to the reception during the 0-19 Drop-in.

Domestic Abuse Support

For support with domestic abuse issues please email: sloughdass@cranstoun.org.uk or contact the Family Hub team

Play and Learn

To book a Play and Learn session you must call between 8.30-9am on the morning of the session. Spaces are limited so we advise you to call early to book.

NEW: Facebook Group

Once you have registered, join our Facebook group to keep up to date with what is going on in your local area: **Chalvey Grove Family Hub**

Talking Therapies Wellbeing Service

Help to work through problems and feel empowered to find solutions to issues such as benefits, debt, housing eviction, realistic goal setting, losing weight, improving fitness and more!

Other Local Library Sessions

Britwell Library
Thursday 10.30-11am

The Curve
Saturday 11-11.30am

New HENRY Workshops

(Health Exercise & Nutrition for the Really Young)

The HENRY programme is a UK-based initiative designed to support families with children aged 0-12 years in adopting healthier eating and lifestyle habits.

Have you registered with your Best Start Family Hub?

Please scan the QR code for a registration form.



Healthy Start

If you are on a low income and receiving certain benefits, you may be entitled to help to buy food and milk. For more information please see [How to apply - Get help to buy food and milk \(Healthy Start\)](#)

For Breastfeeding Support

Please contact Jacqui Shadrache on 07889 304302 or email Jacqui.Shadrache@slough.gov.uk