

What's on



Best Start Family Hub Penn Road



Sep-Dec
2026

Monday

**Slough Best Start Family Hubs
First Aid for Parents** (of non-mobile babies)
7 Dec 9-11am To book please email
family.hubs@slough.gov.uk

**NHS Frimley Health & Slough Best Start
Family Hubs Neonatal Chatter Chatter**
Invitation only 9.30-11am
28 Sep, 26 Oct, 23 Nov

**Slough Best Start Family Hubs Play and
Learn Bumps to (Wobbly) Walkers**
See booking details below 10-11am
No session on 28 Sep, 26 Oct, 23 Nov, 7 Dec

**Frimley Health Antenatal and
Post Natal Pelvic Health**
Appointment only 11.30am-3pm

Slough CLASS Adult learning
Various locations and times. For more details
visit www.slough.gov.uk/adult-learning

**Slough Best Start Family Hubs
Let's Get Moving Walkers to Pre-schoolers**
1.30-2.15pm Starts Mon 14 Sep, term-time.
Upton Lea Community Centre, SL2 5JW.
No need to book, just turn up.

Tuesday

HCRG Development Reviews
Appointment only 8.45am-3pm

**NHS - Frimley Health
Neonatal Outreach Clinic**
Appointment only 9am-4pm

**Slough Best Start Family Hubs
Weaning your premature baby**
12.30-2pm 8 Sep, 6 Oct, 3 Nov, 1 Dec
To book your place email
family.hubs@slough.gov.uk

**Frimley Health Antenatal session
Part 1** 1st Tuesday of the month 4-6pm
Contact your midwife for more information

**Slough Best Start Family Hubs and HCRG
Antenatal Session**
Part 2: Baby and You 2nd Tuesday of the
month 4-6pm
To book a place email:
hcrg.sloughchildandfamilywellbeing@nhs.net

Wednesday

**Slough Best Start Family Hubs
Feeding and Weaning Support Drop-in**
9-11.30am 23 Sep, 21 Oct, 18 Nov 16 Dec

**Slough Best Start Family Hubs Play and Learn
Walkers to Preschoolers**
See booking details below 9.30-11am

**St Johns Church
Community Pantry and Coffee Morning**
Stoke Poges Lane, SL1 3LW 10am
Open to all the community

**Slough Best Start Family Hubs
Volunteer Information Session Drop-in**
10-11.30am 7 Oct

**Slough Library Service
Storytime at The Curve**
William Street, SL1 1XY 10.30-11am
Followed by Duplo time 11-11.30am
No booking required. Term-time

Thursday

**Slough Best Start Family Hubs
Play and Learn Terrific Two's**
Invitation only. 9.30-11am
3 Sep, 10 Sep, 17 Sep, 24 Sep

**Slough Best Start Family Hubs
2-year-old Funding Session**
Invite only 9.30-11am 22 Oct

**Slough SEND Information, Advice and
Support Service Chat to SENDIASS**
9.30am-3pm 24 Sep
To book an appointment email:
sendiass@slough.gov.uk

**Slough Library Service
Britwell Library Music or Story Session**
10.30-11.30am Term-time

**Slough Best Start Family Hubs
Playful Parenting**
12.45-2.45pm 15 Oct, 22 Oct

HCRG 0 to 19 Health Drop-in
1.30-3.30pm 1st Thursday of the month

**Slough Best Start Family Hubs
Cost of Living Drop-in**
2-4pm 10 Sep, 8 Oct, 12 Nov, 10 Dec
No appointment necessary

St Johns Church Drop-in Café
Stoke Poges Lane, SL1 3LW
5-8pm with meal at 6pm
Open to all the community

HCRG HENRY workshop
1 Oct, 3 Dec. For more information
and to book a place email
hcrg.sloughchildandfamilywellbeing@nhs.net

Friday

HCRG Development Reviews
Appointment only 8.45am-3pm

**Slough Best Start Family Hubs
Yew Tree Road Children's Centre
Ask Me Anything Session**
Drop-in 9-11am
4 Sep, 2 Oct, 6 Nov, 4 Dec

**Slough Best Start Family Hubs
Yew Tree Road Children's Centre
Play and Learn
Walkers to Preschoolers**
9.30-11am To book, please call
01753 527571 between 8.30-9am

**Slough Early Years Service
SEN Group**
Invite only 10am-12noon

**Slough Best Start Family Hubs
Play and Learn
Crawlers to preschoolers**
Please see booking details below
1.30-3pm

Best Start Family Hub Penn Road
Penn Road, SL2 1PG (Manor Park)
Tel: 01753 574420
family.hubs@slough.gov.uk



Early Years Provision 8am
to 6pm all year. Contact the
hub for more information.



For further
information
about Family
Hub services
click here



www.slough.gov.uk
Slough
Borough Council

More information on our sessions

Healthy Start Vitamins

To collect vitamins, please bring your healthy start card and/or Red Book along to the reception during the 0-19 Drop-in.

Domestic Abuse Support

For support with domestic abuse issues please email: sloughdass@cranstoun.org.uk or contact the Family Hub team

Play and Learn

To book a Play and Learn session you must call between 8.30-9am on the morning of the session. Spaces are limited so we advise you to call early to book.

New HENRY Workshops

(Health Exercise & Nutrition for the Really Young)
The HENRY programme is a UK-based initiative designed to support families with children aged 0-12 years in adopting healthier eating and lifestyle habits.

Have you registered with your Best Start Family Hub?

Please scan the QR code for a registration form.



Let's Get Moving

Is a physical play session for Walkers to Preschoolers. Using a range of balls, hoops and activities we aim to help children build motor skills, strength and coordination through active movement.

Chat to SENDIASS

Free impartial and confidential advice and support to parents, carers, and young people with SEND.

Slough Parenting Groups referral form

Being a parent or carer is full of special moments, but it can also feel challenging at times. We're here to help. Our friendly parenting programmes offer practical tips, reassurance and support to make family life feel a little easier.



Healthy Start

If you are on a low income and receiving certain benefits, you may be entitled to help to buy food and milk. For more information go to [How to apply - Get help to buy food and milk \(Healthy Start\)](#)

NEW: Facebook Group

Once you have registered, join our Facebook group to keep up to date with what is going on in your local area:
Penn Road Family Hub
Facebook Page:
Slough Best Start Family Hubs and Early Years

Other Local Library Sessions

Cippenham Library
Tuesday 2-2.30pm
Thursday 11-11.30am

The Curve
Wednesday 10.30-11am
Saturday 11-11.30am

Breastfeeding Support

Please call your nearest Family Hub or check out the Anya.health app, with advice and support available 24/7 for all families living in Slough.

